
Weekly Success Set

Every week is an opportunity to write another chapter in your Story of Success.

Most good stories have a beginning, middle and end.

The best project stories are: Plan, Do, Evaluate.

Every ending is your new beginning 😊

Step 1: Begin at the End by Reflecting on the past week.

Sample weekly reflection questions:

1. What went well?
2. What could have gone better?
3. What did I learn?
4. What was my greatest accomplishment?
5. What was my biggest time suck?
6. What is something I've struggled with in the past that could return this week?
7. What will I do to address that potential struggle?
8. What am I fearing?
9. What am I looking forward to?
10. What am I grateful for?

Step 2: Begin again by setting this week up to build your vision.

Get focused on the ONE most important thing you need to accomplish this week.

1. Someday: Write down your Someday Goal, the Big Kahuna, the one that requires a Wild & Crazy Why.
2. 5-Year: What must be true five years from today to put you on track for Someday?
3. 1-Year: What must you have accomplished within one year to put you on track for Someday?
4. 1-Month: What has to happen this month to put you on track for Someday?
5. 1-Week: What will you do this week to advance your 1-Month goal?

Step 3: Set up the coming week for success.

You can't plan for everything, but the Weekly Wrap takes care of the foreseeable derailers!

- Make yourself a list of what's important to wrap up the past week and get you set up for success in the coming week.
- Bills, laundry, groceries, a long walk on the beach - whatever you need! Refine that list until it truly sets you up for success.
- Just don't become a slave to the list. This step is meant to empower, not hold you hostage. And don't forget to put REST on the list 😊